



Göstling is especially proud of its World Cup ski stars: world champion Kathrin Zettel and downhill specialist Andreas Buder. Both still live in Göstling and regularly train on Hochkar.

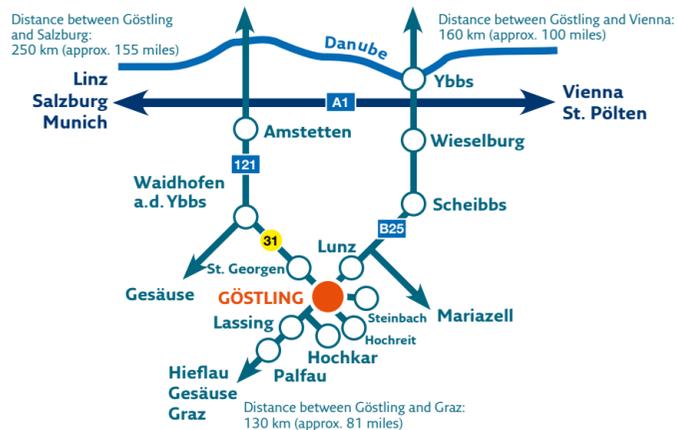
## Welcome!

Hochkar is the highest Alpine resort in the Eastern Alps and has the best guarantee of snow cover in the winter months. It is located in the Lower Austrian region called the Mostviertel above the town of Göstling/Ybbs at an altitude of 1800 meters (5905 feet) above sea level.

Accommodations are available for guests on Hochkar or in Göstling. Göstling is a picturesque village with all categories of accommodations: from rooms in private homes and farm holidays to a four-star hotel. Guests who stay in Göstling are closer to the many recreational facilities. The Ybbstal Brine Baths Complex is a welcome addition to the village. Göstling also has an ice-skating rink and a curling rink, 50 kilometers (31 miles) of cleared winter hiking trails, snowshoe hiking, a natural sledding run and two bowling alleys. The many local inns in the area treat guests to culinary specialties from the Mostviertel and the Iron Road Cultural Park.

## Winter Fun for Sports and Nature Lovers

Göstling and the Hochkar ski region are just 160 kilometers (100 miles) from Vienna. Hochkar is the highest Alpine resort in the Eastern Alps. Excellent snow conditions are guaranteed there from November until the beginning of April. Skiers have their choice of eight lifts and 19 kilometers (11.8 miles) of runs featuring all levels of difficulty. There are also cross-country skiing trails and winter hiking trails plus an ice-skating rink and accommodations in all categories. The Wellness Brine Baths Complex invites you to relax and enjoy oneself.



### We are happy to advise you!

Tourismusverein Göstlinger Alpen  
 Göstling 1, 3345 Göstling an der Ybbs, Austria  
 Phone: +43(0)7484/50 20-19 oder -20  
 Fax: +43(0)7484/50 20-18  
 info@goestling-hochkar.at  
 www.goestling-hochkar.at

**Free ski bus to the skiing area!**  
 "Skischaukel" (ski link) between Lackenhof am Ötscher and Göstling-Hochkar

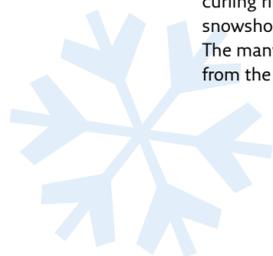
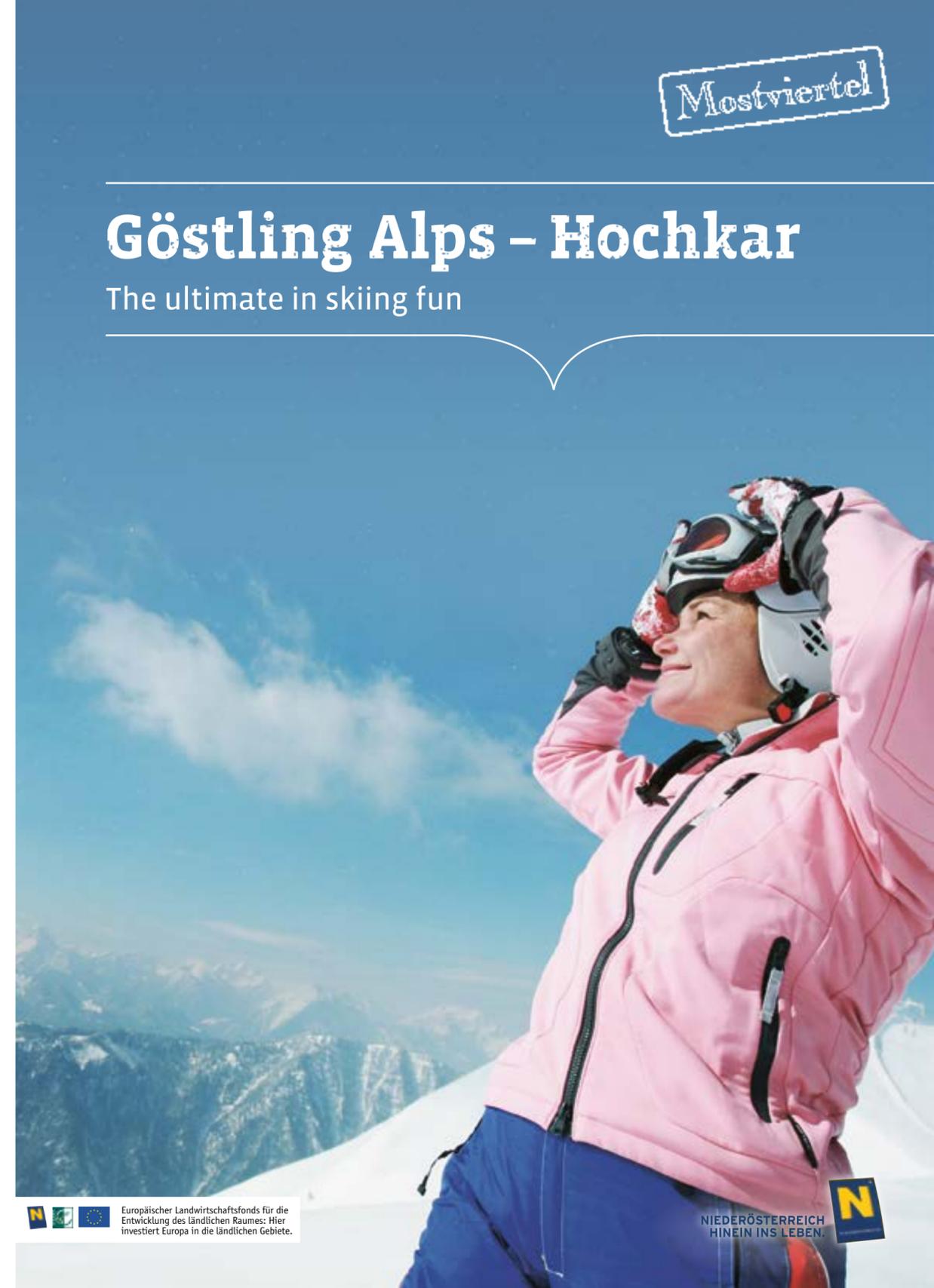


Winter with flair: Enchanting snow-covered landscapes, fast runs and wonderful Alpine vistas.

Mostviertel

# Göstling Alps – Hochkar

The ultimate in skiing fun



## The Ultimate in Skiing Fun

Hochkar is a versatile ski resort and frequent venue for ski races, racing camps and training camps. You can choose between eight modern lifts and 19 kilometers (11,8 miles) of well-groomed runs. Nature and the snow guns make sure you always have ample snow. You can ski down the runs on Hochkar from November to the beginning of April.

### Selected Runs

- The longest: The standard descent from the 1770 meter (5807 foot) high Vorgipfel to the bottom station on Hochkar is 2.1 km (1.3 miles) long.
- The steepest: The 0.5 kilometer (0.3 mile) long Sykora slope is the steepest. Thomas Sykora, the former slalom champion, trained on the final stretch of the black Scheiterkogel downhill run.
- The most demanding: The steep Häsing run is 1.1 kilometer (0.7 mile) long from the 1700 meter (5577 foot) high Häsing to the bottom station. This descent combines all levels of difficulty. It is quite wide, making it ideal for carving.
- The most relaxing: The 1.5 kilometer (0.9 mile) long family run from Hochkar or Hochkar-Vorgipfel.
- The most moguls: The 1.5 kilometer (0.9 mile) long Kar run from Vorgipfel to Draxlerloch.



### Hochkar Racing-Camp

The racing camps staged by the Skiing and Snowboarding School are in heavy demand. They are geared to everyone, from novice to expert.



### Hochkar Fun-Park

Hochkar Fun-Park is the best snow park in eastern Austria. Free riders and free stylers can enjoy skiing in the open country.



## What a View!

Hochkar is famous for more than its great runs. The snow-covered countryside is so enchanting, dotted with iced bushes sparkling and bent to the wind. The open vistas are so impressive. One of the best outlook points is the Geiszlagerhaus on the 1770 meter (5807 foot) high Hochkar Vorgipfel. The view from there extends over the Central Alps and Alpine Foothills to the Bohemian Forest. The cozy ski huts and inns are welcoming places for a break. Most of them also have sunning terraces. The two après ski bars are cheery spots to get together after a day on the slopes.

### Hochkar kids land

No matter if you are a beginner or a "super snow tiger" – we help you from the beginning up to the level of sporty carving. In the Hochkar kids land we offer you a real skiing adventure with lots of fun using modern resources. Only pedagogically trained skiing instructors care for younger and elder persons (starting from the age of three years up). With two covered magic carpets the ascent with the lift is already a real adventure!

The course for beginners (children) takes four hours a day: every Saturday between 10 am and 12 am and between 1.30 pm and 3.30 pm. Courses for several days for children are offered during the holidays or upon request for minimum four persons.



### The Ybbs Valley Brine Bath Complex with Therapy Center in Göstling

Imagine warm water caressing your body and relaxing your muscles. A swim in brine water does such wonders after a day of winter exercise. The new baths complex in the center of Göstling offers four different pools for swimming: an indoor and outdoor pool, a sports pool and a children's pool. Guests can also look forward to a slide, steam bath, four saunas, massage, therapy, water gymnastics, aquatic courses, a restaurant and a shop.

## Cross-country skiing on the panoramic trail Göstling-Hochreit

On the high plateau Hochreit there are six beautiful trails: they have a length between 2 and 7 kilometres and they are partly groomed for both classic and skating technique.

The best starting point is the „Ablass-Hof“ of the family Zettel, because there are plenty of parking possibilities, a ski rental and a winter playground with a bobsled run and a wave ski slope. The use of the trail costs € 3,-.

**Tip: The floodlight circle at the „Ablass-Hof“ has a length of two kilometres, is groomed for classic cross-country skiers and skaters and daily illuminated upon prior notice.**



Winter adventure during guided snowshoe tours



The cross-country ski trails traverse one of the most scenic high plateaus in Lower Austria.

## Top-class freeriding and heli-shuttle to the skiing area

Lower Austria's most snow-reliable skiing area offers the possibility to enjoy the fascination of freeriding. The "Freeride Zentrum Ost" allows an ideal approach to skiing in the open country, based on its high alpine and compact location. It offers both gentle slopes for young and elderly people and challenging runs for experts.

The freeriding skis, which are recommended for freeriding, as well as the security equipment consisting of shovel, probe and avalanche transceiver equipment can be rented at a favourable package price.

A taster day is the best choice for those who want to try freeriding for the first time. Under professional guidance a theoretical and practical introduction regarding skiing in the open country is provided.

Moreover freeriding packages without guide or with heli-shuttle to the skiing area are offered in three different price categories – depending on the accommodation category.

